

The Benign Reality

FOREWORD (2022)

This collection of writings by Harvey Jackins is about the development of Re-evaluation Counseling theory into the early 1980s. It remains an excellent presentation of many important RC concepts.

It was my father's role as the International Reference Person for the Re-evaluation Counseling Communities to offer his thinking on the many aspects of RC. The intent of these writings, like all our writings about Re-evaluation Counseling, was to encourage people to counsel, discharge, and think about the ideas rather than unthinkingly follow this particular expression of them.

The thinking presented here continued to develop in my father's and some other people's minds in the years following the publication of this book, and we continue to extend and develop it now.

The English language has changed somewhat in the last forty-five years, and this is not reflected in these writings.

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